

# CAMPUS TALK

## Keeping You Updated





### Saside

- Graduation Ceremony 2018
- Drama and Music Festivals
- Mr & Miss Gretsa 2018
- Outreach Programme
- Medical Camp
- Career Fair
- 2<sup>nd</sup> International Multidisciplinary Conference
- Food Contest
- Library Open Day
- Technology and Innovations Day
- Academic Trips
- Sports
- End of Year Party, Cultural Event & GUSA Council Installation

#### **Congratulations class of 2018**



### THE MR AND MISS GRETSA UNIVERSITY PAGEANT 2018

he event was all pomp and glamour. It drew cheers and jeers from the audience. There was immense show of talent from the participants, with everyone trying to outdo the other. Models showed cased their skills on the run-way dressed in occupational, urban African, smart casual and dinner wear.



A contestant showcasing her occupational wear



Mc Owago Onyiro & MC County



A contestant in smart casual wear





A contestant in smart casual wear



Samuel Muthui & Sarah Mukiri were crowned as Mr and Miss Gretsa
University 2018

#### **Drama and music Festivals**

retsa has done well in Drama and music. In July 2017, Gretsa University almost caused a commotion in Kakamega during the National Music Festivals held at Masinde Muliro University by winning five item out of eight registered. This year during National Drama Festivals held at Meru University, the university solo verse named "Aisha" emerged number three while choral verse "Abablakadabla" was fourth. In August at National Music Festivals Champions held at Dedan Kimathi University, the Gretsa Team also known as Wasanii wazoefu, converted some of the competitors into mere observers and believe me or not, out of eight registered items Gretsa emerged super victorious with three items at the 1st Position, four items at 2nd position and only a single piece at 3rd position. Their talents have been recognized and awarded by Cetral Bank of Kenya with ksh 250,000, KTN where they got a chance to air live at Tendereza programme and several cups from the ministry. Congratulations to the Wasanii Wazoefu, the leadership from Talamoe Isaac (the club chairperson) Dominic Korir (Team Leader), Hezron Manyasi (Club patron), Mulama George (Trainer) and Vice Chancellor Prof. Kuria Thuo.



#### Gretsa University Impacting Local Community Through Community Outreach

ommunity outreach represents a global paradigm shift in the way Universities interact with and relate to the local communities and neighborhoods. The University has Community Outreach Thematic Group which is an administrative organ of the university dealing with community outreach and engagements. This year the university has undertaken several community outreach activities, on Tuesday 27th March the university held a seminar for all students on Drug and Substance Abuse, on Wednesday 28th March the Community Outreach Group held a training extension programme in Makongeni Market Thika on basic preventive health, handling finance and savings and customer care, on 4th October the Community Outreach Programme held a sensitization programme on Drug & Substance Abuse, HIV & AIDS and Communicable Diseases at Kiandutu Slums in Thika and on 4th December the Community Outreach group was at PCEA Makongeni Youth Empowerment Conference where they advised the youth on career selection, entrepreneurship and stress management. Let us all arise and join the Community Outreach group in impacting the surrounding community positively for social and economic transformation.









- 1. Members of Community Outreach
  Themantic group with the community
  members at Kiandutu Slums Thika
- 2. Prof. George Reche sensitises local Community on Finances & Savings at Makongeni Open Market
- 3. Members of Community Outreach
  Themantic group engages the Local
  Community at Kiandutu Slums
- 4. Members of Community Outreach
  Themantic group advices Local Youths at Makongeni on Career Choices
- 5. Gretsa Dance Crew Pose for a Photo at Kiandutu Outreach Event.

#### FREE MEDICAL CAMP

he School of Health Sciences held a successful first Community Medical Camp on 22nd June 2018. This Camp was in partnership with the Kiambu County Ministry of Health, Medisel Kenya, St Matia Mulumba Hospital and Thika Level 5 Hospital. The services offered were screenings for Breast cancer, cervical cancer, Diabetes, Blood Pressure and TB. There was also Nutritional Assessment, H.I.V Testing & Counselling, Medical Consultations and Health Education. A total of 321 clients registered. With 100 clients testing for H.I.V, 31 breast cancer, 20 cervical cancer, 240 body mass index, blood pressure and sugar testing while 45 made consultations with doctors. The greatest gift you can give your family and the world is a healthy you.



Health Science Students Pose for a Photo with Mr Ongeri (Hod Health Science) and Faith Kamau (Head Student Recruitment)



Clients Being Attended to by a Health Science Student and a Personnel from Thika Level 5 Hospital



A Client Being Assisted by a Health Science Student



Health Science Students at the Event

#### **CAREER FAIR 2018**

he School of Business organized a career fair from 25th July 2018 to 27th July 2018. The goal of the event was to guide and nurture students towards better graduates and industry players. The event also aimed at forging strong collaborations with the industry in effort to close the gap between academia and industry. Several keynote speakers attended the event as facilitators, among them: Dr. Irene Irungu – Head of Actuarial Science Department (Karatina University), Pius Kitela – Former General Manager (Liberty Insurance, Dr. Florence Kithinji – Kenya School of Government, Prof Mwenda Mukuthuria – Maasai Mara University and Stanley Chege – ICT officer Madison Insurance, among others.

#### **Topics Discussed**

- Networking for a Successful Job Market Entry Dr. Irene Irungu.
- Non Mainstream Career Pursuits: Ideas and Financing Mr. Pius Kitela.
- Power and Politics in Organizations Madam Beatrice Njoroge.
- Ethical Practices for a Successful Career Dr. Florence Kithinji.
- How to be an Outstanding Teacher Prof Mwenda Mukuthuria.
- Exploiting the Internet to Create Wealth Mr. Stanley Chege



### 2<sup>nd</sup> INTERNATIONAL MULTIDISCIPLINARY CONFERENCE

esearch is a key pillar of a University and a contributor to nation's socio-economic growth and development. In line with the Gretsa University's vision, the university held its second International Multidisciplinary Conference on Monday 5th –Tuesday 6th November 2018. The conference was a unique forum for in-depth discussions on contemporary socioeconomic and organizational challenges, it brought together stakeholders from the industry and researchers from across the World.



A group photo of Participants of the 2<sup>nd</sup> International Multidisciplinely Research Confrence

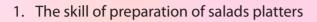


Vice Chancellor with some of moderators during regestration

Participants of the 2<sup>nd</sup> International Multidisciplinely Research Confrence follow the proceedings during first sessions

#### **3RD ANNUAL FOOD CONTEST**

he School of Hospitality and Tourism held its 3<sup>rd</sup> Annual Food Contest on 26<sup>th</sup> October 2018. The contest brought together Amboseli Institute of Hospitality & Technology, Cascade Institute of Hospitality and Gretsa University Diploma students. The challenge involved display of the following skills:



- 2. Amazing egg cookery
- 3. Pan flipping
- 4. Flambéing
- 5. Service of sparkling wine
- 6. Decoration of de ssert plates
- 7. Amazing napkin folds
- 8. Speed eating

Though institutions were not ranked as per the performance of their students during the event, the individual students who emerged winners were rewarded. Henceforth, the School will be holding the event during the May-August semesters and is preparing to take it to a national level in which universities and colleges from all over the country will be invited for participation. In addition, the School will be organizing a university Inter-programme Food Challenge in all January-April semesters in effort to develop practical skills and to boost the students' competitiveness.



#### **LIBRARY OPEN DAY**

he library open day event was held on Thursday 4th October 2018. The event was a success judging by the incredible number of students who turned up for the function. The event was a brilliant opportunity for the librarians to interact with the students and communicate the value of the library in student's life. The event was graced by the Vice Chancellor who gave brief opening remarks and challenged the entire audience to make good use of library resources, this was followed by entertainment by Theater Troup and Dance Crew. After the entrainment, the head librarian took the stage and took the audience through the different library services and resources in the library in an effort to help the audience discover the treasures of knowledge in the library, some of the audience were surprised that the University has subscribed to academic databases rich in e-journals, e-books and e-magazines which are extremely useful in keeping track of new developments in their profession and when conducting research. The event came to a close with Agoko Peter, being clowned the winner of Library User of the Year award, Ekiru Jackson emerged second and Akoth Vincensia third.



#### **TECHNOLOGY AND INNOVATION DAY**

The Technology and Innovation Day was held on Friday, 9th November 2018 starting at 9.00am to 5.00pm. The aim of this event was to give computing students a platform to showcase their problem solving and coding skills. The event was graced by; Anthony Njoroge, Front End Develop at Deep Africa , Matt Roberts Davies MD, M-Changa , representatives from CompWiz Creations ,Computer for Schools Kenya and Robisearch Limited as well as guest presenters(Mercy Muchiri and Trevah Burudi) from Multi Media University.



Antony Njoroge (Deep Africa) and Matt Robert (M-Changa Foundation) with some of Computing Students

There were 4 presentations, 3 from Gretsa University and 1 from JKUAT. The winning projects were:

1<sup>ST</sup> POSITION:

**E-Doc- Gretsa University** 

Prize:Ksh.8,000

2<sup>ND</sup> POSITION: Tambaza-JKUAT

Prize: Ksh.5,000

3RD POSITION:

County Feedback App-Gretsa University

Prize: Ksh.3,000



Antony Njoroge (Deep Africa) and Matt Robert (M-Changa Foundation) award developer from Gretsa University



A Group Photo of Participants during Technology & Innovation Day

# SCHOOL OF COMPUTING AND INFORMATICS ACADEMIC VISIT TO COMPUTERS FOR SCHOOLS KENYA

omputers for Schools Kenya (CFSK) is a charitable non-governmental organization registered in the year 2002. Purpose of the visit was to understand Computer Maintenance, to understand Computer Troubleshooting, Repair Basics and Software Installation.



Computing Students pose for a photo at CFSK

#### **Tips for Troubleshooting a "Dead" Computer**

- 1. Evaluate the situation more fully. Is the computer and the monitor plugged in to a functioning surge protector or UPS? Is the surge protector or UPS plugged into a functioning outlet on a circuit that has not blown or tripped? If you aren't sure, try to plug something else that you know works into the same outlet. If that item works, try swapping the power cable with one from a functioning computer.
- 2. For desktop computers, has the computer supply been set to the wrong voltage? Check and make sure that the switch on the power supply is set to the proper voltage for your country. If it wasn't set properly, switch it and try again, although the power supply may now be damaged. Also make sure that the on/off switch on the power supply is in the on position. If there are still no lights visible on the computer, try replacing the power supply.
- 3. If there are lights on, but the computer is still not starting, you can try booting from a different drive.
- 4. If the computer produces a series of beeps when you attempt to boot it, there is a problem with the memory. Try reseating or replacing the memory.
- 5. If a desktop computer is producing all of the usual startup sounds and lights, but the monitor is not displaying any information, perhaps there is a problem with the monitor. Make sure that it is connected to a power source, and also that the VGA cable is connected to the computer. If there is still no image, try pressing the function key for monitor choices a few times. The proper function key depends on the computer model, but should show a picture of a computer monitor on the key. Also try adjusting the brightness dial on the monitor. If there is still no image, try connecting a different monitor.

### SCHOOL OF HEALTH SCIENCES ACADEMIC TRIPS

n effort to expose our student to the real work experience, they were taken to Kerugoya County Referral Hospital where they had a chance to integrate the theoretical knowledge learnt in class and the practical aspects of their profession. During the visit the students were taken round to all the departments where health records are created and maintained in the health facility. This offered them a chance to interact with the practicing health records officers who trained them on various practical issues relating to health records and offered advices and guidance on how to become an outstanding Health Records and Information Officer. The visit also played a great role in creating a good working relationship between the hospital and the university in future our students will be absorbed by the hospital for their field attachment after the completion of the course work.







Health Science Students at Kerugoya County Referral Hospital

#### **KENGEN GITARU DAM TRIP**

#### Academic Tour for Environmental and Community Health Diploma and Certificate Students

he trip was conducted on Wednesday 3rd October, 2018. Our main interest as environmental health students was the occupation health and safety concerns in the production process and waste disposal methods. We learnt and observed that in regard to occupation health and safety, all staff working in the production house have permits to work in a confined place since it is inside a cave; they also wear protective gear (safety boots to avoid falls, ear plugs or ear muffs in areas with high noise, helmets to prevent falling objects from hitting the skull, aprons to prevent oil spills); they have fire extinguishers in form of carbon dioxide, powder and water to help control any form of fire whereby most are automated; they have well marked signage exits which lead to a distinct fire assembly point; all areas around the shafts that produce electricity have rails that prevents direct access and falls, the floors are not slippery, precaution statements have been place in all areas likely to be sources of any hazards.

# JOMO KENYATTA UNIVERSITY OF AGRICULTURE AND TECHNOLOGY'S SPORTS DAY

ight outdoor teams took part in this year's Jomo Kenyatta University of Agriculture and Technology's Sports Day which took place on the weekend of Saturday 13th and Sunday 14th October 2018, Gretsa University was represented in the event by Football (Men and Women), Handball (Men), Netball (Women), Volleyball (Men and Women), Rollball (Men) and Hockey (Men). Three Indoor teams - Swimming, Table Tennis and Chess also represented the University.

Netball Ladies and Men's Chess team emerged second in their categories, and brought home trophies. Football Ladies finished third, Hockey was knocked out in the semi-finals, while Handball lost in the Quarterfinals stage. Volleyball Men and Volleyball Ladies, Football Men and Rollball all exited the tournament in the knock out stages. Swimming and Table Tennis group were knocked out in the Semi-finals.



#### MR. AND MISS GRETSA UNIVERSITY 2018 ROLLBALL CUP

retsa University in partnership with Coca-Cola Company Limited and Imprimatur hosted one of the biggest sports events ever held in the institution, that is the Mr. and Miss Gretsa University 2018 Rollball Cup. This was held on Saturday 27th to Sunday 28th October 2018. The event attracted participants and cheer teams from universities and clubs from all over the country. The participating teams were:

- 1. Gretsa Spartans
- 2. University of Nairobi Men and Ladies
- 3. Glory Outreach Assembly Men and Ladies
- 4. Reccebellas Men (Recce) and Ladies (Archibellas)
- 5. Kenyatta University Men and Ladies
- 6. St. Paul's University Men and Ladies
- 7. JKUAT Men and Ladies
- 8. The Wolves Team (from Juja) Men
- 9. Mt. Kenya University Men and Ladies

The matches began on a high note on Saturday morning and even though it rained a little, this did not dampen the energy on the court. Every match was more sensational than the previous one right to the finals that were held on Sunday afternoon. The Archibellas fought it out with Kenyatta University Ladies in the finals and emerged victorious with a 2-0 win. The men finals – Glory Outreach Assembly (GOA) vs Recce – had everyone on edge with each team scoring hat-tipping goals that left every fan cheering throughout the match. GOA men finally emerged victorious with a 4-2 win against Recce.

Gretsa Spartans have really improved over the past year and other teams could even attest to this as the matches went on and especially after thrashing University of Nairobi (UoN) men with 3 goals to 2! They finished second in their pool and went all the way to the semi-finals.





Gretsa Spartans vs JKUAT



The other tournament results are as tabulated below:

	MEN	LADIES
Winners	Glory outreach Assembly (G.O.A)	Archibellas
1st Runners up	Recce	Kenyatta University
2nd Runners up	Kenyatta University	Glory Outreach
3rd Runners up	Gretsa Spartans	St. Paul University

Mr. and Miss Gretsa University 2018 models graced the event and made the awarding ceremony one to remember for generations to come!

#### **SPORTS GALA**

he 2018 Sports Gala was a successful event with a huge turnout. This event attracted Universities, Colleges, Secondary schools, and clubs which have outstanding performances in their field of experience. In attendance was: St Pauls University, Jomo Kenyatta University of Agriculture and Technology, Strathmore University, Dedan Kimathi University of Technology, Kenyatta University, University of Nairobi, United States. International University, Pioneer International University, Presbyterian University of East Africa and Mount Kenya University. Kahawa Spikes Club, Recce Club, Ng'a Club, Amboseli Institute, Samba Club, G.O.A, Engineers Brigade and Karuri High School.

#### The winners of the day were:

Football: (Men) [St Pauls University, (women) {JKUAT}

Basketball : (Men) {St Pauls University, (women) {Strathmore} Volleyball : (Men) {St Pauls University} (women) {JKUAT}

Swimming: {Gretsa University}

Badminton: (men) {JKUAT} (women) {St Pauls University}

Tabletennis: {Gretsa University}
Pool: {Gretsa University}
Darts: {Gretsa University}
Chess: {Amboseli Institute}

Rollball : (Men) {Recce Club} (Women){ G.O.A club}



End of Year Party, Cultural Events and GUSA Council Installation

cademic activities literally came to a halt on Friday 16th November 2018 when the university fraternity celebrated the end of year. The event was spiced up by cultural festival as students from different counties showcased their cultural activities such as food, dances, art among others.

While declaring the event open, the Vice Chancellor Prof. J. Kuria Thuo described the day as remarkable adding that the essence of the celebration was to reflect on the year's achievements and challenges as well as promote cohesiveness among students and help them appreciate the richness of our cultural heritage. The Cultural Festival is a brainchild of Student's Welfare and Talent Development Thematic Group.

The event culminated with awards to students who made it to this year's Vice Chancellors List of Honor; an initiative from the Vice Chancellor that awards students who have excelled in different areas including academics, sports, drama among others. The climax of the event was the swearing in of newly elected GUSA officials for academic year 2018-2019 and the evening party graced by Timmy T-Dat and DJ Suleiman.

#### GUSA Officials 2018-2019

- 1. Chairperson: Isaac Wamalabe Chemiat
- 2. Vice Chairperson: Ann Wangari Wangiita
- Treasurer: William Simel Laisa
- 4. Secretary General: Javan Ochoo Awounda
- 5. Academic Affairs Secretary: Christine Mwende Micheni
- 6. Secretary Sports & Entertainment: Pius Ochieno Musumba
- 7. Secretary Religious Affairs: Ibrahim Abdi Hussein



# Cultural E



# vent Displays







## Best of 2018 Photo Poses



#### **Contact Info**

P.O BOX 3-01000 Thika (+254) - 0711- 949 006, (+254) - 0712- 959 293 info@gretsauniversity.ac.ke, admissions@gretsauniversity.ac.ke SMS the word GRETSA to 20133 free of charge

#### **Published by:**

Media and Photography Unit, **Department of Library and Information Services, Gretsa University** If You wish your contribution to appear in this newsletter, Please forward them to: Library@gretsauniversity.ac.ke









