







## **FRESHERS' NIGHT**

#### Seaturing #Naiboi

reshers' Night is a welcome party for new students to the campus. The event was hyped by Santisya upcoming artist in the (School of Education). The event was curtain raised by the Gretsa Modelling Club who showcased their skills on the runway. Performances were also done by Krishna who is an upcoming artist, and Gretsa Dance Crew #Naiboi who was the guest performing artist blazed the party with his hit songs Dinda, I wanna be ,Kidege, Si unajua, Gudi gudi and many more. Campus is not only about academic development. It is also a place for having fun and showcasing talents.









- 1. Samuel Mr. Gretsa University 2018
- 2. Sarah Miss Gretsa University 2018
- 3. Students Pose for a photo
- 4. A crowd dancing at the event
- 5. A group of Students Pose with Dy Cyrus
- 6. # Naiboi on stage
- 7. Abdiaziz (Sec Gen Gusa) #naiboi
- 8. Student pose for a photo









## CONFESSIONS OF A GRETSARIAN

By David Kiruki Student School Of Computing & Informatics

found it relatively hard and confusing to decide which course to do, before I finally settled on B.Sc. in Computer Science it took me a while. As important as deciding which course to pursue is, I think it is equally important to study in an University you can relate to, my choice was Gretsa University. The University programmes are designed to equip students with knowledge and skills for the real world. From a social perspective Gretsa University is very welcoming place, from the first day I felt at home. The surrounding neighborhood always feels safe to me. The hostels have great amenities and features like showers and wardrobes. The food is pretty good for those of us who choose to stay in the hostels, for commuters there is the option of Rooftop Restaurant or the Cafeteria from where one can buy affordable meals.

The main reason for going to the University is to get quality academic education which I can confirm we are receiving, our Lecturers are resourceful and committed plus the University has provided us with a support system of well stocked and equipped library with both physical resources as well as E-resources that can be accessed at the comfort of the hostel or even at home or in the Office for the working

The good thing with Gretsa University you also get the opportunity to discover and develop your talent in the different platforms provided by the University such as: Drama Club, Gretsa Music Band, Games Gala, Mr & Miss University Competition, Food Contest and many other platforms.

I am in my third year of study, at first I spent too much time hanging out with friends and going out and hardly had any time for library, but soon supplementary exam cot up with me and I have since learnt from my mistakes. So I share a room with three colleagues, it was difficult at first because we dint know each other and came from different backgrounds but you soon get used to it and be friends. So far University life has been the best part of my life. You work hard and have great fun!



# **MATRICULATION CEREMONY**

he event to welcome Gretsa freshers joining the university this semester was held on 21st June 2018. During the event, the University Vice Chancellor Prof. J. Kuria Thuo urged the students to be focused on their studies as a prerequisite to good academic progression. Prof. J. Kuria Thuo also urged the students to participate in University co-curricular activities as the surest way to identify and nature their talents. The Academic Dean Prof. Wabuke Bibi, Director of Research and Publications Prof. George Reche and Visiting Professor in Community Development Prof. Jok Kuel also graced the event. During the event students took to the stage to display their talents with "Wajinga wawili" comedians, Theatre Troupe, Gretsa Band, Krishna (Baba Yao) and Santisya (kitu kipya) stealing the show. A motivational speaker Bonnie Kim who is an internationally respected global conference and seminar speaker also graced the forum. He talked about "the power of self-image for successful students"







## CAPTION

- 1. Motivational Speaker Bonnie Kim
- 2. A photo of the congregation at the ceremony
- From left Bonnie Kim, Prof.Bibi, Prof. J. Kuria Prof. Jok Kuel, Prof. Reche
- Gretsa band entertaining the congregation



# MR AND MISS GRETSA UNIVERSITY PAGEAN 2018

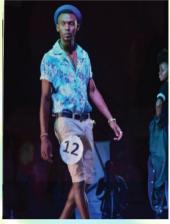
he event was all pomp and glamour. It drew cheers and jeers from the audience. There was immense show of talent from the participants, with everyone trying to outdo the other. The models showed cased their skills on the run way occupational wear, urban African, smart casual wear and lastly dinner wear.



A contestant showcasing her occupational wear



Mc Owago Onyiro & MC County



A contestant showcasing smart casual wear





A contestant showcasing smart casual wear



Samuel Muthui & Sarah Mukiri were crowned as Mr and Miss Gretsa
University



















## FREE MEDICAL CAMP

he School of Health Sciences held a successful first Community Medical Camp on 22nd June 2018. This Camp was in partnership with, Ministry of Health Kiambu County, Medisel Kenya, St Matia Mulumba Hospital and Thika Level 5 Hospital. The services offered were screenings for Breast cancer, cervical cancer, Diabetes, Blood Pressure and TB. There was also Nutritional Assessment, H.I.V Testing & Counselling, Medical Consultations and Health Education. A total of 321 clients registered. With 100 clients testing for H.I.V, 31 breast cancer, 20 cervical cancer, 240 body mass index, blood pressure and sugar testing while 45 made consultations with doctors. The greatest gift you can give your family and the world is a healthy you.



Health Science students pose for a photo with Mr Ongeri (HoD Health Science) and Faith Kamau (Head student recruitment)



Client being attended to by a health science student and a personnel from Thika level 5 hospital



A client being assisted by a health Science Student



Health Science Students pose for a Photo

## **SPORTS GALA**

he 2018 Sports Gala was a succesful event with a huge turnout. This event attracted Universities, Colleges, Secondary schools, and clubs which have outstanding performances in their field of experience. In attendance was: St Pauls University, Jomo Kenyatta University Agriculture and Technology, Strathmore University Dedan Kimathi University of Technology, Kenyatta University, University of Nairobi, United States. International. University, Pioneer International University, Presbyterian University of East Africe and Mount Kenya University. Kahawa Spikes Club, Recce Club, Ng'a Club Amboseli Institute, Samba Club, G.O.A, Engineers Brigade and Karuri Highschool.

#### The winners of the day were:

Football (Men) [St Pauls University, (women) {JKUAT}

Basketball (Men) {St Pauls University, (women) {Strathmore}

Volleyball (Men) {St Pauls University} (women) {JKUAT}

Swimming {Gretsa University}

Badminton (men) {JKUAT} (women) {St Pauls University}

Tabletennis {Gretsa University}
Pool {Gretsa University}

Pool {Gretsa University}
Darts {Gretsa University}

Chess {Amboseli Institute} Scrabble {Amboseli Institute}

Rollball (men) {Recce Club} (women){ G.O.A club}





By Frankline Mugambi

Staff in the Department of Library & information Services

#### 1. Set networking goals for each semester

Having a clear goal in mind can make a long road seem much more manageable. Choose personal goals for networking that go all the way up to the final year and possibly beyond.

#### 2. Work on your people skills

Striking up a conversation with a stranger doesn't come naturally to everyone. This year, make a point of stepping out of the comfort zone and becoming more extroverted.

#### 3. Don't pick and choose

Now is the time to network with everyone and anyone. Don't narrow down the options a lot can change in four years, including dreams, goals and career plans.

#### 4. Be curious

Everyone has an interesting story to tell. Ask about their ambitions, their family, where they come from and where they are going. View networking as a powerful tool for a future career but also as a way to make friends with some of those contacts.

#### 5. Consider a fraternity

Kenyan organizations are often tight-knit, and wind up creating a sisterhood or brotherhood that lasts a lifetime. Fellow members are often willing and able to lend a hand when college is over and the career begins



## **DID YOU KNOW?**

- 1. According to Gretsa University examination rules and regulations you are not eligible to sit for the final examinations if you have not completed your course work ( CATS & ASSIGNMENTS)
- 2. Research Project just like any other course registered for by Diploma and Degree finalists, is to be completed within the registered semester failure to which you will retake.

Now You Know!

## **SCHOOL OF EDUCATION**



Everything came to a stand still on Friday 6th July 2018 at Gretsa University when the School of Education hosted a public event. Two debate motions, "social media has done us more harm than good" and "I'm cool even without drugs" guided the debate.

Students drawn from all schools in the University took the stage to display their oratory and argumentative skills. At one point the judges were presented with a hard task in deciding on the winner, but after three hours of a heated debate Abiaziz (Gusa Sec Gen) emerged victorious scooping the best awards. The head of School, Education Humanities and Social Sciences Madam Lucy Wanyela reiterated that the School of Education would be hosting similar debate every semester as a way of nurturing student's talents. The lead judge Mr. John Gitau also commended the students for their tenacity and masterly of debating skills.







## IN BRIEF

#### STUDENT BUSINESS CENTRE

The Gretsa University Student centre was opened on 15th June 2018. The dreams are now a reality to Gretsa Comrades becoming entrepreneurs. We have six outlets that were competitively awarded. The student Business centre has the following outlets an M-pesa, a salon, snack shop, boutique and a play station.

#### **GONE TOO SOON**

Eglah Chepngetich a beauty and a great student in the School of Hospitality & Tourism Management pursuing a certificate in hospitality management passed on and was laid to rest on 18th June 2018 after a long illness. Gretsa Students accompanied the Fa Will forever miss her jovial and cool smile.







### **UPCOMING EVENTS**

. Career fair - hosted by School of Business to be held on Wednesday 25th – 27th July 2018 .End of May - August 2018 Semester Examinations (Monday 6th - Friday August 2018)



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## Published by:

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