



GRETSA UNIVERSITY - THIKA

UNIVERSITY EXAMINATIONS MAY - AUGUST 2018 SEMESTER

CERTIFICATE IN COMMUNITY HEALTH

COURSE CODE: CICH 031

COURSE TITLE: BASIC COMMUNITY HEALTH NURSING

DATE: 8 AUGUST 2018

TIME: 3.00 PM – 6.00 PM

INSTRUCTIONS TO CANDIDATES

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

CAUTION: *All exam rooms are under CCTV surveillance during the examination period.*

SECTION A: COMPULSORY

MULTIPLE CHOICE QUESTIONS [1-5]

[ONE MARK EACH]

1. Isolation of a child with measles belongs to what level of prevention?
 - A. Primary
 - B. Secondary
 - C. Intermediate
 - D. Tertiary
2. To encourage community participation, which of the following should a nurse do?
 - A. Invite people from civic organizations
 - B. Refer to the doctor for prescriptions
 - C. Encourage sponsorship to programs
 - D. Listen when people relate their problems
3. Which one of the following is NOT an essential element of Primary Health Care?
 - A. Multi Sectorial Approach
 - B. Community involvement
 - C. Appropriate technology
 - D. Qualification of health providers
4. What is the focus of secondary health care?
 - A. Early malnutrition
 - B. Early signs and symptoms
 - C. Early diagnosis and treatment
 - D. Early detection
5. Which is the primary goal of community health nursing?
 - A. To support and supplement the efforts of the medical profession in the promotion of health and prevention of
 - B. To enhance the capacity of individuals, families and communities to cope with their health needs
 - C. To increase the productivity of the people by providing them with services that will increase their level of health
 - D. To contribute to national development through promotion of family welfare, focusing particularly on mothers and children

SECTION A: COMPULSORY

SHORT ANSWER QUESTIONS [ANSWER ALL QUESTIONS IN THIS SECTION]

1. State any five physical examination practices of clients during home visits [5 Marks]
2. Outline four levels of disease prevention [4 Marks]
3. List five characteristics of community health nursing [5 Marks]
4. Outline the components of a community [5 Marks]
5. State the advantages of intramuscular route of drug administration [5 Marks]
6. Differentiate between community health and public health [2 Marks]
7. Highlight any four community health areas addressed by NGOs in the community [4 Marks]
8. State any five advantages of community involvement in community health nursing [5 Marks]

SECTION B

[CHOOSE ANY THREE QUESTIONS]

1.
 - a) Discuss the different phases of nursing process in the community [10 Marks]
 - b) Explain any five roles of a community health nurse [10 Marks]
2.
 - a) Describe factors influencing the growth of community health nursing [10 Marks]
 - b) Discuss any five settings for community health nursing and some of the activities undertaken [10 Marks]
3.
 - a) Discuss the five steps followed in community dialogue [10 Marks]
 - b) Describe ten various routes of drug administration [10 Marks]
4.
 - a) Discuss the differences between active care setting and community care setting [15 Marks]
 - b) Describe five components of a community [5 Marks]