



Quality Education for the Real World

GRE TSA UNIVERSITY - THIKA

UNIVERSITY EXAMINATIONS MAY - AUGUST 2023 SEMESTER

BACHELOR OF EDUCATION

COURSE CODE: BEPC 301

COURSE TITLE: GUIDANCE AND COUNSELLING

DATE: 31 JULY 2023

TIME: 8:00 AM - 9:00 AM

INSTRUCTIONS TO CANDIDATES

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

CAUTION: *All exam rooms are under CCTV surveillance during the examination period.*

SECTION A: COMPULSORY

QUESTION ONE

- a) Differentiate between guidance and counseling **[10 Marks]**
- b) Describe the qualities of an effective teacher counselor **[10 Marks]**
- c) Outline reasons why it is important for learning institutions to have a well-established guidance programme **[10 Marks]**
- d) Explain instances when confidentiality can be broken in a counseling relationship in our learning institutions **[10 Marks]**

SECTION B: ANSWER ANY THREE QUESTIONS

QUESTION TWO

- a) Outline the importance of individual counseling in learning institutions. **[10 Marks]**
- b) Counseling is a helping process that uses safety engendered by a special kind of relationship to help individuals to get access to greater part of their personal resources, as a means of responding to the challenges of their lives. Describe the six stages model of counseling process by Gill and Davis. **[10 Marks]**

QUESTION THREE

- a) The learning institutions system have a way of understanding individual learners' needs, identify them and help them to facilitate full realization of their potential. State ways you can use to collect individual learner information. **[10 Marks]**
- b) Describe the causes of problem normally faced by peers in learning institutions. **[10 Marks]**

Question Four

- a) Outline the role of a group counselor **[10 Marks]**
- b) Explain what can lead to premature termination of a counseling relationship **[10 Marks]**

Question Five

- a) Attending skills is ability of the counselor to be physically and emotionally available to the client. Describe the micro-skills that counselors can use while attending to clients **[10 Marks]**
- b) You have been invited into a learning institution to train peer counselors interpersonal skill to help in effective relationship management. Discuss the skills you will train them **[10 Marks]**