



# **GRETSA UNIVERSITY - THIKA**

## **UNIVERSITY EXAMINATIONS SEPTEMBER – DECEMBER 2021 SEMESTER**

### **CERTIFICATE IN NUTRITION**

**COURSE CODE: CIND 051**

**COURSE TITLE: BASIC NUTRITION ANTHROPOLOGY**

**DATE: 17 NOVEMBER 2021**

**TIME: 11.30 AM - 1.30 PM**

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#### **INSTRUCTIONS TO CANDIDATES**

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

**CAUTION:** *All exam rooms are under CCTV surveillance during the examination period.*

**SECTION A: COMPULSORY**

**MULTIPLE CHOICE QUESTIONS [1-5]**

**[ONE MARK EACH]**

1. The following are manifestations of culture except one. Which one?

- A. heroes
- B. values
- C. Rituals
- D. warriors

2. Which of the following is not a layer of culture?

- A. Regional layer
- B. International level
- C. Generation layer
- D. Gender layer

3. Which of the following is not a psychological determinant?

- A. Stress
- B. attitude
- C. peer pressure
- D. mood

Which of the following is not a level of socialization?

- A. primary
- B. tertiary
- C. secondary
- D. Re- socialization

Which of the following is not a restriction in the society on what constitute food?

- A. Cultural restrictions
- B. Media
- C. Social status
- D. Religion

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**SHORT ANSWER QUESTIONS: ANSWER ALL QUESTIONS**

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1. Highlight the five characteristics of family [5 Marks]
2. State five factors affecting availability of food for low-income individuals. [5 Marks]
3. List five factors affecting infants feeding [5 Marks]
4. State the five social determinants of food choice. [5 Marks]
5. List five functions of food [5 Marks]
6. List five times of temporary food avoidances [5 Marks]
7. State Characteristic of culture as they affect food habits [5 Marks]

**SECTION B****[CHOOSE ANY THREE QUESTIONS]**

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**QUESTION ONE**

- a) Describe five types of family structure [10 Marks]
- b) Explain the role of women in food production [10 Marks]

**QUESTION TWO**

- a) Discuss five roles of the family [10 Marks]
- b) Discuss any five layers of cultures [10 Marks]

**QUESTION THREE**

- a) Discuss five problems of urbanization [10 Marks]
- b) Explain the social functions of food [10 Marks]

**QUESTION FOUR**

Explain the different factors that determine the choice of food of individuals [20 Marks]

**QUESTION FIVE**

- a) Discuss the three stresses produced to an individual during urbanization [6 Marks]
- b) Discuss seven revolutions that led to the rise of urbanization [14 Marks]