



GRETSA UNIVERSITY - THIKA

UNIVERSITY EXAMINATIONS JANUARY - APRIL 2021 SEMESTER

DIPLOMA IN COUNSELING PSYCHOLOGY

COURSE CODE: DICP 013

COURSE TITLE: COUNSELING PROCESS AND ETHICS

DATE: 07 MAY 2021

TIME: 3:00 PM - 6:00 PM

INSTRUCTIONS TO CANDIDATES

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

CAUTION: *All exam rooms are under CCTV surveillance during the examination period.*

SECTION A: COMPULSORY

QUESTION ONE

- a) Describe the non - verbal behavior that a counselor should display to show the client that she is listening [6 Marks]
- b) Assess the instances when confidentiality can be broken in a counseling relationship [6 Marks]
- c) Describe the factors that a counselor should put in consideration when asking questions to a client during counseling relationship [6 Marks]
- d) Elaborate the instances that can lead to premature termination of a counseling relationship [6 Marks]
- e) Examine the purpose of listening in a counseling relationship [6 Marks]
- f) Analyze personal moral qualities which you should encourage practicing counselors to aspire [10 Marks]

SECTION B: ANSWER ANY THREE QUESTIONS

QUESTION TWO

- a) Explain the ethical principles of counseling and psychotherapy [10 Marks]
- b) Examine the factors that can influence listening during a counseling relationship [10 Marks]

QUESTION THREE

- a) Explain the counseling techniques that you can apply when counseling adolescent [10 Marks]
- b) Examine the importance of individual counseling [10 Marks]

QUESTION FOUR

- a) Evaluate the qualities of effective counselor [10 Marks]
- b) Assess the specific circumstances in which sensitive personal information of a client can be disclosed [10 Marks]

QUESTION FIVE

- a) Explain the steps of the three stages of a model counseling process by Gerald Egan [10 Marks]
- b) ‘Trust is the cornerstone of counseling relationship.’ Justify this statement in relation to counselor client relationship [10 Marks]

QUESTION SIX

- a) Explain unethical behaviors a practicing counselor should shun from [10 Marks]
- b) Explain the main steps in the counseling process by Gill and Davis [10 Marks]