



GRETSA UNIVERSITY - THIKA

UNIVERSITY EXAMINATIONS JANUARY - APRIL 2021 SEMESTER

BACHELOR OF EDUCATION [ARTS]

COURSE CODE: BEPC 301

COURSE TITLE: GUIDANCE AND COUNSELING

DATE: 07 MAY 2021

TIME: 3.00 PM - 6.00 PM

INSTRUCTIONS TO CANDIDATES

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

CAUTION: All exam rooms are under CCTV surveillance during the examination period.

SECTION A: COMPULSORY

QUESTION ONE

- a) Outline the distinctions between guidance and counseling [5 Marks]
- b) Evaluate the benefits of peer counseling in secondary school [5 Marks]
- c) Describe the characteristics of effective teacher counselor [5 Marks]
- d) Explore some of the difficulty or sensitive issues that individuals find easy to discuss during one individual counseling sessions [5 Marks]
- e) Identify instances when confidentiality can be broken in a counseling relationship [5 Marks]
- f) Explain what a counselor should have in mind when asking questions to a client during counseling session [5 Marks]
- g) Explain why peer counseling in secondary school is an effective mode of therapy [5 Marks]
- h) Examine the purpose of listening in a counseling relationship [5 Marks]

SECTION B: ANSWER ANY THREE QUESTIONS

QUESTION TWO

- a) You have been invited as a facilitator to a seminar where class teachers are being sensitized on the significance of guidance and counseling in schools within your county. Outline the main points of your presentation [10 Marks]
- b) Analyze different types of counseling that you can use in secondary schools [10 Marks]

QUESTION THREE

- a) Describe instances that can lead to premature termination of a counseling relationship [10 Marks]
- b) Examine the qualities you would look for when choosing peer counselor in secondary school [10 Marks]

QUESTION FOUR

- a) Explain the role of guidance and counseling teacher in secondary school [10 Marks]
- b) Examine the stages of counseling process that you can apply during counseling in secondary school [10 Marks]

QUESTION FIVE

- a) Describe the non - verbal behavior that a counselor should display to show the client that she is listening [10 Marks]
- b) Discuss the cause of problems faced by adolescents in your community [10 Marks]

QUESTION SIX

- a) Outline the problems experienced by secondary school students which can make them seek guidance and counseling [10 Marks]
- b) Explore the counseling techniques that would be suitable to use when counseling secondary school students [10 Marks]