



# **GRETSA UNIVERSITY - THIKA**

## **UNIVERSITY EXAMINATIONS JANUARY – APRIL 2017 SEMESTER**

### **CERTIFICATE IN PUBLIC/ COMMUNITY HEALTH/ HEALTH RECORDS/ COMMUNITY NUTRITION**

**COURSE CODE: CIPH 013**

**COURSE TITLE: PRIMARY HEALTH CARE**

**DATE: 4 APRIL 2017**

**TIME: 8.00 AM – 10.00 AM**

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#### **INSTRUCTIONS TO CANDIDATES**

1. SECTION A IS **COMPULSORY**.
2. SECTION B: ANSWER ANY OTHER **THREE** QUESTIONS.
3. **DO NOT** WRITE ANYTHING ON THIS QUESTION PAPER AS IT WILL BE AN EXAM IRREGULARITY.
4. ALL ROUGH WORK SHOULD BE AT THE BACK OF YOUR ANSWER BOOKLET AND CROSSED OUT.

**CAUTION:** All exam rooms are under CCTV surveillance during the examination period.

**SECTION A**

**[ANSWER ALL QUESTIONS IN THIS SECTION]**

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**MULTIPLE CHOICE QUESTIONS [1-5] [ONE MARK EACH]**

1. The first conference on primary health was held in which city and country
  - A. Alma-Ata, Russia
  - B. Alma-Ata, Germany
  - C. Jakarta, Japan
  - D. Bangkok, China
  
2. Primary Healthcare is essential health care based on the following except ( 1 mk)
  - A. Practical
  - B. Universally accessible
  - C. Scientifically sound
  - D. None of the above
  
3. \_\_\_\_\_ health care is essential health care, universally accessible to individuals and families and practical, scientifically sound and socially acceptable methods and technology
  - A. Self-Determinism
  - B. Cultural-Competency
  - C. Primary health care
  - D. Home based care
  
4. A \_\_\_\_\_ describes any group which has a common connection or common interest, or at least one common characteristic
  - A. community
  - B. Culture
  - C. Value
  - D. Trait

5. Which of the below are classified as "Vulnerable population"
- A. People living with permanent disability, mental illness & other chronic conditions
  - B. People who are homeless, dealing with addiction, or experiencing family violence & abuse
  - C. People from certain racial & ethnic minority groups, such as new immigrants, refugees & asylum seekers
  - D. All of the above
6. Outline any four elements of Primary health care [4 Marks]
7. Briefly explain the benefits of community participation in rural health [4 Marks]
8. Briefly describe the various levels of health care in Kenya [6 Marks]
9. State the five pillars of Primary Health Care [5 Marks]
10. Elucidate the elements of primary health care [4 Marks]
11. Discuss the role of Primary health care in Public Health. [4 Marks]
12. Elucidate any four objectives of a community strategy approach [4 Marks]
13. Outline four initiatives by the government towards achieving health for all [4 Marks]

**SECTION B**

**[CHOOSE ANY THREE QUESTIONS]**

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- 1.
- a) Explain the channels of community mobilization [10 Marks]
  - b) Explain the purposes of home visits (10 Marks)
2. Discuss the concept of Primary health care in terms of:
- a) Accessible [5 Marks]
  - b) Acceptability [5 Marks]
  - c) Affordability [5 Marks]

- d) Appropriate technology [5 Marks]
- 3.
- a) Discuss any five health related sustainable development goals [10 Marks]
- b) Discuss any three challenges in the implementation of primary health [10 Marks]
4. Discuss the following principles of primary health care
- a) Equity [10 Marks]
- b) Manpower development [10 Marks]
- c) Community participation [10 Marks]
- d) Multi sectoral approach [10 Marks]